

Salads

- ✓ CRUST CHICKEN BACON AND AVO SALAD 70**
Chicken breast, bacon, avo, curried rice, mixed beans, cucumber iceberg lettuce, cherry tomatoes, red onion, grated carrots served with a dressing
- CRUST CHICKEN, AVO AND FETA SALAD 70**
Chicken breast, avo, feta, iceberg lettuce, cherry tomatoes, cucumber, red onion, grated carrot served with a dressing
- CRUST SMOKED CHICKEN, ORANGE AND AVO SALAD 70**
Smoked chicken strips, orange slices, lettuce and avo serviced with a honey mustard dressing
- ✓ CRUST ROAST VEG AND FETA SALAD 60**
Roast veg, feta, lettuce, cherry tomatoes, cucumber, red onions, grated carrots served with a dressing

Gourmet Sandwiches and Wraps

- SMOKED CHICKEN AND AVO GOURMET SANDWICH 55**
Smoked chicken with tomatoes, lettuce and cucumber served on ciabatta, rye ciabatta or a brown seeded roll
- ROAST CHICKEN GOURMET SANDWICH 55**
Roast chicken breast with lettuce, cucumber, mixed peppers, sundried tomato and basil pesto served on ciabatta, rye ciabatta or a brown seeded roll
- ✓ HALLOUMI GOURMET SANDWICH 60**
Grilled halloumi with olives, tomato, red onion, lettuce and sweet chilli sauce served on ciabatta, rye ciabatta or a brown seeded roll
- ROAST BEEF GOURMET SANDWICH 65**
Beef fillet with lettuce, tomato and horse radish sauce served on ciabatta, rye ciabatta or a brown seeded roll
- CORONATION CHICKEN GOURMET SANDWICH 55**
Roast chicken breast with Coronation sauce, lettuce and toasted almonds served on ciabatta, rye ciabatta or a brown seeded roll
- CLASSIC B.L.T 50**
Bacon, lettuce and tomato on white or brown toast
- CRUST THAI CHICKEN WRAP 60**
Crust thai curry sauce, roast chicken breast, peanuts, shredded carrots, red cabbage served in a wrap
- ✓ ROAST VEGGIE WRAP 60**
Mixed roast vegetables, hummus and feta served in a wrap
- CRUST ROAST CHICKEN WRAP 60**
Roast chicken breast with lettuce, carrot, cucumber tomato and mayo served in a wrap
- SWEET-CHILLI CHICKEN AND BACON WRAP 60**
Roast chicken breast, bacon, spinach, sweet chilli sauce served in a wrap

Coffees

All coffees are doubles as standard, please ask if you prefer a single shot. Decaf coffee also available on request

ESPRESSO	22
AMERICANO, MACCHIATO	24
FLAT WHITE, CAPPUCCINO, LATTE	25
CHAI SPICED LATTE, CAFÉ MOCHA	30

Other Hot Drinks

WHITE OR CLASSIC HOT CHOCOLATE	30
RED CAPPUCCINO	30
TEAS	22
RED CHAI LATTE, RED HOT CHOCOLATE	35
STEAMERS	25

Non-dairy milk options

Almond milk, soy milk +R10

Fresh juices

GREEN, CARROT, APPLE OR ORANGE JUICE	35	45
BLEND YOUR OWN	35	45
Combine from the following – pear, apple, mint, carrot, ginger, cucumber, lemon and orange		

GINGER SHOT	25
Blend of fresh ginger and apple	

Milkshakes and Smoothies

MILKSHAKES	38
Made with fresh ice-cream and frozen fruits.	

Choose from the following Flavours

VANILLA, HAZELNUT, GINGERBREAD, COFFEE, CHOCOLATE, STRAWBERRY, BANANA OR MIXED BERRY

SMOOTHIES	38
Freshly blended and made with your choice of full cream, low fat, almond or soy milk	

Add whey powder	10
Prepared with almond or soy milk	7

Choose from the following flavours:

STRAWBERRY, BANANA, MIXED BERRY, STRAWBERRY & BANANA, MIXED BERRY & BANANA, PEANUT BUTTER & OATS, BANANA PEANUT BUTTER & OATS

Soft drinks

WATER – STILL OR SPARKING	15
COKE SOFT DRINKS	18
HOMEMADE GINGER BEER OR LEMONADE	20
GRAPETISER, APPLTISER OR LIPTON ICE TEA	25
KOMBUCHA	30

Alcohol available in cafe after 11am

CRUST
CAFE

Delivery menu

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Classic Breakfasts

- ✓ CRUST CRUNCHY MUESLI BOWL** 65
Muesli served with fruit salad, double cream yoghurt & honey
- ✓ CRUST CREAMY OAT BOWL** 45
Rolled oats served with banana, honey and your choice of full cream or low fat milk
- CRUST SMALL BREAKFAST** 45
One egg (fried, poached or scrambled), bacon, grilled tomato served with buttered white or brown toast
- CRUST FULL ENGLISH BREAKFAST** 75
Two eggs (fried, poached or scrambled), bacon, sausage, grilled tomato, baked beans served with two slices of white or brown toast
- CRUST SMOKED SALMON BRUNCH PLATE** 100
A generous portion of smoked salmon, three egg scrambled eggs, roasted cherry tomatoes, served with a toasted seed loaf
- SMOKED SALMON BAGEL** 60
Toasted poppy seed bagel filled with smoked salmon, cream cheese, dill and a squeeze of lemon
- ✓ SMASHED AVO ON TOAST** 60
A generous portion of avo seasoned and served on sourdough or rye toast with a slice of lemon and two poached eggs
- BREAKFAST WRAP** 45
Wrap packed with scrambled eggs, bacon and tomato
- BUILD YOUR OWN BREAKFAST**
Choose from the extras below to start the day your way:

Extras	Add on the following to your breakfast or build your own	
	Grilled tomato	5
	Egg, baked beans, white toast, brown toast	10
	Avo, wilted baby spinach, grated cheddar, fried mushrooms, rye, sourdough	15
	Bacon, sausage, grilled halloumi	20
	Burger patty	25
	Smoked salmon	50

Prepare with rye or sourdough

5

Omelettes

All omelettes made with 3 eggs and with your choice of fillings

- ✓ THREE EGG OMELETTE** 45
Three egg omelette served with two slices of white or brown toast
- ✓ EGG WHITE OMELETTE** 55
Egg white omelette made plain or with any extras, served with two slices of white or brown toast

Fillings	Add any of the below to your omelette or croissant	
	Cheddar cheese, fried onion, tomato, fried mushrooms, peppers	5
	Spinach	10
	Brie, halloumi, feta, bacon, ham, chicken breast	15
	Smoked salmon	25

Breakfast on the Run

- ✓ FRESHLY BAKED MUFFIN** R22
Ask your server for the flavours of the day. Baked fresh on the premises daily - Pair with a coffee for R40
- ✓ PLAIN CROISSANT** 24
Freshly baked on the premises, served with jam (+R5)
- ✓ CHOCOLATE CROISSANT** 30
Freshly baked croissant embedded with dark chocolate pieces
- ✓ STUFFED CROISSANT** 24+
Freshly baked and filled with any of the fillings above

Toasted Sandwiches

- ✓ CHEDDAR CHEESE TOASTIE** 30
BACON TOASTIE 35
CHICKEN MAYO TOASTIE 45
TUNA MAYO TOASTIE 45

Extras	Add on the following to your toastie to build your own	
	Tomato, onion,	5
	Egg, ham, mozzarella, grated cheddar	10
	Avo	15
	Bacon, sausage, halloumi	20

Prepare with rye or sourdough

5

Burgers

- CRUST BEEF BURGER** 50
Homemade burger patty made from 100% lean South African beef served on a seeded toasted bun with lettuce, onion and tomato
- CRUST CHICKEN BURGER** 50
Grilled chicken breast served on a seeded toasted bun with lettuce and tomato
- ✓ CRUST VEGGIE BURGER** 50
Homemade veggie patty made with chickpeas, carrots, kidney beans and spices served on a seeded toasted bun
- PULLED PORK BURGER** 50
BBQ pulled pork on a seeded toasted bun with lettuce and slaw
- JUMBO FRANKFURTER** 45
Extra large frankfurter with fried onions served on a roll with mustard

Sauces and spices	Add a sauce or have your burger cooked with spice to enhance	
	Sweet chilli sauce	5
	BBQ sauce	5
	Chutney	5
	Peri-peri spice	5
	Cajun spice	5

Extras	Stack your burger for a bigger bite	
	Cheddar cheese, mozzarella, fried onions	5
	Bacon, fried egg, salami,	10
	Avo	15
	Extra beef patty, extra chicken breast, extra veggie patty, extra frankfurter	25

Sides	Freshly prepared sides to accompany your burger	
	Chips	25
	Side salad (lettuce, cherry tomatoes, cucumber, red onion, spinach with dressing)	25