



## HOT DRINKS

Add Almond Milk	15
Americano	26
Latte	30
Espresso Sgl	20
Espresso Dbl	25
Cappuccino	28
Cortado	26
Macchiato	26
Flat White	28
Red Cappuccino	35
Red Latte	35
Café Mocha	36
Chai Latte	36
"DIRTY" Chai	40
Hot Chocolate (Classic)	40

## TEAS

English Breakfast	
Earl Grey	
Rooibos	
Green Tea	
Fresh Mint Detox	25

## COLD DRINKS

### REFRESH

Lime & Soda / Passion Fruit & Soda	30
Rooibos & Apple Bubbly	45
Lemon & Mint Rock Shandy	40

### OTHER FIZZIES

Pellegrino's	
Pomegranate & Orange	35
Lemon Zest	35
Blood Orange	35

### TIZERS

Apple/Red Grape	30
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### UBER ICED TEA

(all natural no added sugar or sweeteners)

Honey & Lemon	42
Wild Berry & Buchu	42
Mango & Vanilla	42
Ginger & Apple CBD infused	48

### The USUAL SUSPECTS

Coke/Zero	25
Sprite/Lite	25
Fanta	25
Cream Soda	25

### MINERAL WATER

Still Or Sparkling	500ml	20
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## JUICY FRUIT

Fresh Orange	35
Cranberry	35
Strawberry	35
Pineapple	35
Cloudy Apple	35

### NATURAL SMOOTHIES

Blueberry	44
Wild Mixed Berries	42
Banana, Toasted Oats, Peanut Butter & Almond	48

### MILKSHAKES

Espresso Shake	45
Peanut Butter	44
Nutella	46
Vanilla	40
Mixed Berries	45

## NAUGHTY CORNER

Flourless Double Chocolate Torte**	69
Baked New York Cheesecake (check Flavour)**	72
Sticky Toffee Pudding, Salted Toffee Fudge Sauce**	68
Zesty Lemon Posset & Mixed Berry Compote**	70
Our Legendary Carrot Cake (served As Is)	65
Chocolate Pecan Brownie, Chocolate Sauce**	69
Bowl Of Ice Cream With Granola Crumble & Berry Compote	66

\*\* (served With Chantilly Cream Or Vanilla Ice Cream)



### NIBBLE THIS ....

Very-peri Portuguese Style Pan-fried Prawns	89
Caramelised Onion & Za'tar Hummus, Toasted Ciabatta	68
Halloumi Bruschetta, Tomato & Basil Slaw, Chilli Jam	70
Pan-fried Baby Calamari & Chorizo, Nut Free	89
Mushroom & Melting Brie On Toast, Pesto	78

### OUR FAVOURITES ....

250gm Aged Beef Sirloin, Chimichurri Salsa, Parmesan Fries	189
Pan-fried Baby Calamari & Chorizo, Toasted Ciabatta, Rocket & Lemon Salad	179
Or Portuguese Prawns	189
Za'tar Marinated Chicken Breast, Tabbouleh, Tomato Slaw, Smavo, Sesame	169

### AWESOME SALADS

Grilled Calamari & Chorizo, Garlic, Chilli, Lemon Oil	169
Chicken, Bacon & Avocado, Lemon & Parmesan	159
Roast Za'tar Veggies, Hummus, Avocado, Feta & Seeds	159
Seared Yellowfin Tuna Teriyaki, Chilli, Lime & Fresh Mint	169
Or Grilled Beef Sirloin	159
Sweet Potato, Mushroom & Tabbouleh, Feta & Peppadew	159

### LIFESTYLE FOOD

<b>Graze Bowl</b> – Roast Vegetables, Creamy Slaw, Kale, Tabouleh, Feta & Seeds	159
<b>Urban Legend</b> – Halloumi, Sweet Potato, Avo, Tomato & Basil, Hummus & Toast	159
<b>Fish Bowl</b> – Smoked Salmon, Cream Cheese, Avo, Tomato Slaw, Poached Eggs & Toast	169

### URBAN BURGERS

*(beef steak or grilled chicken fillet)  
Ditch the bun & go low carb with roast sweet potato add R15*

Bacon, Cheddarella & Onion Jam	109
Danish Feta, Tomato & Peppadew Salsa	109
Bacon & Brie, Onion Jam	109
Mushroom, Brie, Hummus & Feta	115
Bacon & Avocado	115
The Ultimate Steak Sandwich – Brie & Onion Jam	145
Tuna Teriyaki Steak, Chilli, Lime & Mint Slaw	165

### ON THE SIDE

Roast Za'tar Veggies	Seasoned Fries
Grilled Sweet Potato	House Salad
Garlic & Rosemary Potatoes	Avocado & Lemon
Tomato & Basil Slaw	All 35

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