

TRUE LIVING

OLD KAROO DELI
& RESTAURANT

COLD DRINKS

Our Famous Lemon, Litchi & Mint
cooler

R35

Oupa Graham's Homemade Fizzy
Lemonade

R35

Locally Made Ginger Beer

R35

SOGA Organic Grapefruit Juice

R24

SOGA Organic Orange Juice

R24

SOGA Organic Ice Lollie

R20

Fruit Juice Boxes

R15

**The Boeing flies over at 10am,
add a kick to any of the above.**

Still & Sparkling water 500ml

R15

Still & Sparkling water 1.5L

R36

Soft Drinks

R20

'Tizers

R22

Passionfruit, Kola tonic & with Sprite

R35

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MILKSHAKES

Chocolate, Strawberry, Vanilla,
Butterscotch,
Peanut butter & Milo
Small R35 | Large R48

FRESHLY SQUEEZED JUICES

Beetroot, Apple, Grapefruit & Parsley
R42

Carrot, Orange & Ginger
R42

Cucumber, Apple, Spinach, Parsley,
Kale, Celery
R42

ICED COFFEE

Plain

R32

Vanilla OR Hazelnut

R34

FRAPPÉ

Plain

R34

Vanilla OR Hazelnut

R36

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HOT DRINKS

Decaf option available at an additional cost of R2

Espresso

R20 | R25

Americano

R25 | R30

Cappuccino

R28 | R34

Macchiato

R22

Mochaccino

R30 | R34

Latte

R34

Vanilla OR Hazelnut Latte

R36

Kondensmelk Koffie

R38

Irish Coffee

R42

TEA

Ceylon OR Rooibos OR Earl Grey Tea

R18

Chai Tea OR Latte

R34

Red Cappuccino

R32 | R35

Red Latte

R35

Milo OR Hot Chocolate

R38

Red Dream

R38

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WINE LIST

WHITE

Boschen Blanc Sauvignon Blanc 2021

R135

Durbanville Hills Sauvignon Blanc 2021

R135

Diemersdal Sauvignon Blanc 2022

R150

KWV Chenin Blanc 2022

R130

Jakkalsvlei Sauvignon Blanc 2022

R160

Haute Cab Chardonnay (unwooded) 2022

R160

ROSÉ

Big Easy Rose 2021

R120

Jakkalsvlei Moscato Rosé 2022

R160

Diemersdal Rose 2022

R170

RED

Tokara Shiraz 2018

R200

Durbanville Hills Merlot 2019

R170

Rupert & Rothschild Classique 2019

R300

Roodeberg Red Blend 2020

R190

Kannonkop Kadette Cape Blend 2020

R190

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HOUSE WINE

Available per bottle or per glass

RED WINE

Laborie Blend

R40 | R140

ROSE & WHITE WINE

Boschen Blanc

R35 | R135

Brampton Rosé

R30 | R120

ALCOHOLIC BEVERAGES

Black Label

R32

Castle Light | Castle Lager

R32

Castle Free

R32

Hansa Pilsner

R32

Flying Fish

R32

Savanna Light | Savanna Dry

R32

Savanna Non-Alcoholic

R32

Windhoek Lager

R32

Windhoek Draught

R32

Klipdrift OR KWV 5yr OR Richelieu

R 18 | R28

Bells OR Jameson

R 18 | R28

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Smirnoff Vodka

R18

Captain Morgan Rum

R18

Jose Cuvero Gold Tequila

R18

Gordon's Gin

R18

COCKTAILS

Steelworks

R52

Rock Shandy

R52

Blue Lagoon

R60

Pina Colada

R75

Summer Mix

R75

Strawberry Daiquiri

R78

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BREAKFAST

Served from 08h00 – 11h00

Muesli breakfast

R55

Homemade muesli, plain yogurt,
seasonal fruit, coconut shavings &
honey

Krummelpap (V)

R45

Krummelpap with hot or cold milk
Add Almond milk **R15**

Omelettes

Three – egg omelette with your filling
of choice, served with Ciabatta toast

Spinach, feta & mushroom (V)

R75

Cheese, onion marmalade, peppers &
salami

R90

Add smoked gammon OR bacon OR
boerewors

R25

Karoo Mosbolletjie Eggs Benedict

R86

Thinly sliced biltong with poached eggs
on mosbolletjie toast, topped with
hollandaise sauce

Karoo Farm Breakfast

R85

Bacon, farm boerewors, tomato relish
& two eggs served with toast

Add Jam **R8** OR Lamb kidneys **R35**

OR Fries **R30**

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Lani's Favourite

R85

Smoked trout, cream cheese, rocket,
capers & two poached eggs on
Ciabatta bread

Add Avo R20

(subject to availability)

Karoo Style Sloppy Joe

R85

Saucy mince on an open roosterkoek
topped with a fried egg

French Toast Stack

R80

French toast made with brioche,
cream cheese, bacon & plum sauce

KAROO SNACKS & STARTERS

Spring Rolls

3 spring rolls per serving

R56

Farm vegetable & coriander served
with sweet chilli sauce

Bobotie served with homemade
chutney

Jalapeno cheese served with sweet
chilli sauce

Deep Fried Chicken Wings

R62

Deep fried chicken wings with satay
sauce & sesame seeds

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Spare Ribslets

R68

Mini portion spareribs with a sticky
sauce

Peri-Peri Chicken Livers

R65

Served with ciabatta bread

SALADS

The Famous True Living Salad

R105

Chicken breast strips, bacon &
Camembert served on fresh greens
with Lani's mustard sauce & croutons

Add Avo R20

(subject to availability)

Warm Veggie Salad

R 105

Camembert cheese, roasted seasonal
veggies, sundried tomatoes & pumpkin
seeds served on garden greens with a
balsamic reduction

Add Venison R45

Pickled Fishbowl

R110

Pickled fish served on Bulger wheat
with carrot pickles, cucumber, black
sesame seeds & lemon aioli

Smoked Trout Salad

R 110

Smoked Trout, capers, cucumber,
carrot & feta on garden greens

Add Avo R20

(subject to availability)

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SANDWICHES

'Skaftien

R50

Roosterkoek OR ciabatta served with biltong, cheese, butter & homemade jam

Deluxe Sandwich

R75

Basil pesto chicken mayo, bacon & roasted tomatoes on open ciabatta with rocket

Add Avo **R20**

(subject to availability)

Grand Karoo Sandwich

R80

Seared venison, onion marmalade, cheese, tomato & rocket on an open ciabatta

3 Cheeses Sandwich

R65

Cheese, mozzarella and feta with sundried tomato & basil pesto on ciabatta bread

Add Smoked gammon

R25

Add Chips or salad

R30

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FRESH PASTA

Alfredo

R110

Tagliatelle Alfredo with spinach & feta

Add smoked gammon

R25

Bacon Carbonara

Tagliatelle with bacon and parmesan,
egg and cream sauce

Chicken Liver Pappardelle

Peri-peri chicken livers served on a bed
of pappardelle pasta

BURGERS

The Famous True Living Farm Burger

R110

Brioche bun, 150g farm patty, cheese
& onion marmalade served with chips
or salad

Crumbed Chicken Burger

R110

Brioche bun, crumbed chicken breast
patty, cheese, pineapple & mayo
served with chips or a salad

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ARTISINAL PIZZA

Bacon, butternut & feta
R110

Ham, Cheese & pineapple
R110

Chicken, cream cheese & jalapeno
R110

Karoo lamb, spinach, feta & cumin
yogurt
R125

Salami, peppadews, cream cheese
R110

Spinach, mushrooms, butternut,
peppadew, feta
R110

Add Avo R20
(subject to availability)

KAROO FAVOURITES

*All served with chips or salad or
seasonal Veg*

Karoo style Melanzane
R80

Layers of eggplant, tomato, basil &
cheese baked to perfection served
with Ciabatta bread

Pork Chops
R158

Crumbed pork chops served with
coleslaw

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Karoo Lamb Chops

R185

Karoo lamb chops served with our
homemade mint sauce

Chicken Schnitzel

R140

Crumbed chicken schnitzel served with
a homemade sauce of your choice

Sauces

Green peppercorn OR Mushroom OR
Cheese

Honey glazed duck breast

R152

Duck breast served on mashed
potatoes with roasted garden
vegetables & balsamic reduction

STEAKS

Served from 18h00

Served with chips or salad or seasonal
vegetables

Sirloin 300g

R170

Fillet 200g

R180

Rump 400g

R180

T-Bone

Price on request

Add a sauce

R35

Green peppercorn OR Mushroom OR
Monkey gland

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KIDDIES MENU

Breakfast

R45

Chicken strips & chips

R45

Toasted Cheese sandwich

R30

Mini Pizza

R45

DESSERTS

*Ask your waiter for availability of our
freshly baked delicacies from our
bakery*

Malva Pudding & Ice Cream

R45

Milk Tart Spring Rolls

R52

Deep Fried Chocolate Fudge

Served with Ice cream

R45

Affogato

R38

Ice cream served with a shot of
espresso