

# THE H<sup>♥</sup>RT

## BISTRO & EATERY

### BREAKFAST MENU

SERVED BETWEEN 8 AM & 12 PM

*\*We use free range eggs served poached or scrambled | \*Choice of seeded farmer brown, ciabatta or sourdough toast.*

#### TRADITIONALS

<b>SIMPLE BREAKFAST</b> 2 eggs, streaky bacon, mushrooms, candied tomatoes & toast	R82
<b>THE BOMB BREKKIE BUN</b> burger bun filled with cream cheese, chipotle jam, scrambled eggs, streaky bacon, rocket & onion rings	R82
<b>MINCE ON TOAST</b> beef chipotle mince topped with poached eggs	R98
<b>BANGER BREAKFAST</b> 2 pork sausages, 2 eggs, onion rings, beans & toast	R98
<b>GARY'S BREAKFAST</b> 2 eggs, streaky bacon, chorizo, mushrooms, avo*, candied tomatoes & toast	R105
<b>FULL HARTED BREAKFAST</b> 2 eggs, streaky bacon, chorizo, cheese griller, beans, onion rings, mushrooms & toast	R128

#### BENEDICTS

poached egg, candied tomatoes & hollandaise sauce served on croissant toast

	SNG	DBL
<b>BACON</b>	R80	R118
<b>SALMON</b>	R95	R145
<b>MUSHROOM (V)</b>	R70	R105

#### ROSTIES

served on a homemade potato rösti with a poached egg & sriracha hollandaise

<b>CHORIZO (GF)</b> chorizo with avo*	R98
<b>SMOKED SALMON (GF)</b> smoked salmon with baby spinach and cherry tomatoes	R128

#### KIDS

<b>SCRAMBLED EGGS</b> with cheese griller or bacon & toast	R58
<b>NUTELLA CROISSANT</b>	R60

#### PLANTED

<b>VEGGIE EGG WHITE CREPE (V)(N)</b> spinach, avo*, mushrooms & whipped feta, drizzled with pesto hollandaise & toast <b>ADD BACON</b> <b>ADD SALMON</b>	R98 R30 R55
<b>AVO STACK (V)</b> Sourdough toast topped with avo*, rocket, 2 poached eggs & drizzled with sriracha hollandaise <b>ADD BACON</b> <b>ADD SALMON</b>	R98 R30 R55
<b>ITALIANO (V)(N)</b> 2 poached eggs, spinach, sun-dried tomatoes, parmesan shavings & basil pesto on a field mushroom with toast	R108
<b>LOADED VEGAN TOAST (VE)</b> sourdough topped with sun-dried tomato Baba Ganoush, avo*, cucumber ribbons, crispy chickpeas, candied cherry tomatoes, boutique salad & coriander	R108
<b>BREKKIE SALAD (V)(N)(GF)</b> lettuce, rocket, avo*, cherry tomatoes, cucumber ribbons, 2 poached eggs & pesto hollandaise <b>ADD BACON</b> <b>ADD SALMON</b>	R105 R30 R55
<b>GRANOLA (V)(N)</b> oven baked granola, nuts, plain yogurt, banana, assorted fruits & honey	R89
<b>BERRY BOWL (VE)(GF)</b> coconut chia with berry coulis, strawberries, frozen blueberries & passion fruit. Topped with toasted coconut flakes	R89
<b>BANOFFEE BOWL (VE)(N)(GF)</b> coconut chia with banana, peanut butter, walnuts & date caramel. Topped with toasted coconut flakes	R89

## BRIOCHE FRENCH TOAST

<b>PLAIN</b>	R62
served with syrup	
<b>ADD BACON</b>	R30
<b>BANANA &amp; NUTELLA SAUCE</b>	R92
<b>CROQUE MADAME</b>	R118
layered with bacon, smoked mozzarella, rocket & mustard maple dressing	

### BREAKFAST SPECIAL R68

Monday - Friday 8am-9am

#### 2 EGGS, BACON & CANDIED TOMATOES

with toast and any single shot coffee

## CROISSANTS

<b>BACON, SCRAMBLED EGGS (N)</b>	R95
with rocket & sun-dried tomato pesto	
<b>SALMON</b>	R128
with crème fraiche & avo*	
<b>BUILD YOUR OWN CROISSANTS</b>	R32
<b>ADD</b>	R20 each
tomatoes, mushrooms, egg or baked beans	
<b>ADD</b>	R25 each
cheddar cheese, onion rings, pesto, crème fraiche, cream cheese or Nutella	
<b>ADD</b>	R30 each
avo*, parmesan, bacon, chorizo, two eggs, cheese griller or pork sausage	
<b>ADD</b>	R55 each
salmon or parma ham	

## COFFEE/DRINKS

	Regular	Large
<b>ESPRESSO</b>	R22	R27
<b>AMERICANO</b>	R25	R29
<b>CAPPUCCINO</b>	R33	R39
<b>FLAT WHITE</b>	R35	
<b>CORTADO</b>		R32
<b>LATTE</b>		R37
<b>RED CAPPUCCINO</b>	R33	R39
<b>CHAI LATTE</b>		R39
<b>DIRTY CHAI LATTE</b>		R39
<b>MOCHA</b>		R39
<b>HOT CHOCOLATE</b>		R35
<b>KIDS HOT CHOCOLATE</b>		R29
<b>TEA</b>		R26
English, Earl Grey, Green or Rooibos		
<b>OTHER TEAS</b>		R29
Please ask your waiter for variety		
<b>ICED COFFEE</b>		R44
<b>PLAIN FRAPPÉ</b>		R40
<b>ADD SHOT OF VANILLA / HAZELNUT</b>		+R8
<b>OAT OR ALMOND MILK</b>		+R8
<b>ORANGE JUICE</b>		R32
<b>JUICE OF THE DAY</b>		R45

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