

# The Glenwood Bakery Café Menu

We are not licensed, but we welcome wine and charge no corkage.

# All day breakfast

# From 6 am to 3 pm (2 pm on weekends)

Sourdough toast and house made jam/marmalade	R30
Pastries as on display	
Oat porridge with cream	R25
Granola and yoghurt/oat milk and honey	R25
Avocado on toast - guacamole with tomato salsa on toast (subject to availabili	ty) R50
Eggs – poached, fried, slow cooked on toast with –	
'The Egg' - coppa ham and roast tomatoes	R45
Egg and marmite - Slow cooked egg and marmite	R20
- Slow cooked egg, avocado (when available) and marmite	R30
Oyster mushrooms - Sautéed oyster mushrooms and a poached egg	R50
Curried beans on toast/ with poached egg	R30/R3
Eggs Benedict – Two poached eggs, coppa ham and Hollandaise	R75
Eggs Royale – Two poached eggs, smoked salmon and Hollandaise	R85
<b>Bakery 'English Breakfast'-</b> two eggs, curried beans, crisp pancetta, oyster mushrooms, roast tomatoes, Dargle Pork English sausage and toast	R105
Bagels as on display, please see the bagel bar	
cream cheese and roast tomato; cream cheese and smoked salmon; cream che house pickled veg and salt beef; egg, caper and red onion; simit with muhama olives (vegan)	
Toasted sandwiches	
Cheese and tomato - Roast tomato and Indezi gouda	R70
Cheese and ham - Gypsy ham and Indezi gouda	R75
Vegan toasted - Roast tomato, roast aubergine, olives with vegan aioli	R35

R40

**Breakfast toasted -** Fried egg, roasted tomatoes and pancetta

## Café Main Menu

# Lunch From 11 am to 3 pm (and 2 pm on weekends)

Nibbles	
Olives	R20
Almonds	R30
Soup of the day. Toast (See blackboard)	R45

#### More substantial

More substantial		
<b>Bakery hamburger -</b> House made beef patty (beef from Hope Meat), roasted onion marmalade, aioli and butter lettuce on a sourdough bun	tomatoes, R80	
<b>Fish curry</b> - Southern Indian fish curry with coconut cream, served with basin	nati rice R90	
<b>Falafel</b> – Four falafel (Falafal Fundi) in bakery wrap, with tomato salsa, humm rocket (vegan)	nus and R70	
Quiche of the day and salad (see the blackboard)	R50	
Chips and aioli	R30	
Pizzas		
Pizza Margherita	R70	
Pizza Margherita with pepperoni	R90	
Pizza Siciliana - Margherita with capers, anchovy and olives	R90	
Vegan pizza with roasted vegetables and rocket	R75	

# Pasta (all house made)

Potato gnocchi with peas and bacon or oyster mushrooms	R90
Fresh tagliatelle with blistered cherry tomatoes and fresh basil	R85
Pappardelle with oyster mushrooms, cream, parsley and garlic	R95

#### **Salads**

Grilled artichokes (vegan), rocket, green beans, olives, roast tomatoes	R65
Caesar salad with a slow cooked egg and roast chicken	R75
Gorgonzola, apples, walnuts, green beans and leaves	
Puddings	
See blackboard for pudding of the day	R45
Ice creams and sorbets	R45

#### Café Drinks Menu

## Coffee bean blends: Bean Green/Humble/African Roots

Vegan: Please ask for oat milk if you prefer	R10 extra
--	-----------

Take-away cups: R2

Espresso	R18	Double shot R21	
Cappuccino	R22	Double shot R26	Large R30
Americano		Double shot R23	
Latte	R24		
Cortado	R21	Double shot R23	
Macchiato	R21	Double shot R23	
Affogato	R26		
Flat white		Double shot R26	
Maalaaaina	D20	Double shot D41	Lange DAF

Mochaccino R38 Double shot R41 Large R45

Iced coffee R30 Cold brew R30

Hot chocolate: Spanish style – R 35

Rooibos cappuccino R24 Large R32

House made chai latte R24 Large R32

#### **Teas**

English breakfast, Earl Grey, Rooibos	Small pot R25	Large pot R35
Green tea	Small pot R25	Large pot R35

Moroccan mint tea R15
Five Roses R15

# **House Made Juices**

Orange	R30
Apple	R25
Beetroot, carrot, apple, lemon and ginger	R25
Spinach, apple, cucumber, celery and lemon	R25
Kombucha: Fermented iced tea	R25
Iced tea: Rooibos, apple, lemon, ginger, mint and honey	R20
Milkshakes: See blackboard for details.	R30
House made lemon Cordial	R30
Also:	
Bottled water: Still or sparkling	R27