# Arthuris MINI SUPER 

## GOOD FOOD

## Breakfast

## Served all Day

Smiley Breakfast ..... 80
two fried eggs, two cheesy chipolatas, grilled tomato,sourdough toast and rocket
Wimpy Breakfast ..... 150
smiley breakfast with extra beans, bacon and sauteed mushrooms
Any Style Eggs (Double) on Sourdough Toast ..... 50
Sausage and Egg Muffin ..... 70
toasted english muffin, brown sauce, sausage patty, crispy fried egg and cheese
Eggs Florentine ..... 85
toasted english muffin, steamed spinach, poached eggs,
hollandaise sauce
Eggs Benedict ..... 115
toasted english muffin, rocket, choice of ham or bacon, poached eggs and hollandaise sauce
Single Benedict ..... 65
As above, half portion
Smoked Salmon Trout Benedict: ..... 135
Single ..... 75
Bacon and Egg Roll ..... 65crispy bacon, fried egg, rocket, tomato sauceserved on a soft burger bun
Spicy Egg and Avo Roll ..... 95spicy scrambled eggs, guacamole, cheeseon a soft burger bun


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## Breakfast <br> Served all Day

Granola, Fruit and Yoghurt ..... 95home made banting granola, double thick Greek yoghurtand fresh seasonal fruit
Granola, Sour Cherries and Coconut Yoghurt ..... 130
home made banting granola, coconut yoghurt and Italian sour cherries
Scrambled Eggs, Sauteed Mushrooms, Grilled Tomato and ..... 85
Sourdough Toast
Avo and Poached Egg on Sourdough Toast ..... 55
Croque Madame ..... 85
cheese, ham and bechamel toasted on a croissant topped with a fried egg
Add an extra Hash Brown ..... 20
Homemade potato rosti, latke, whatever you want to call it

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## Things on Toast <br> Served on Sourdough Toast

|  | 1 Slice | 2 Slices |
| :--- | :--- | :--- |
| Jam and Cheese | 30 | 50 |
| Tomato and Feta | 30 | 55 |
| White Anchovies and Tomato | 45 | 85 |
| Anchovy Butter | 20 | 40 |
| Sardines | - | 90 |
| sardines, thinly sliced red onion, tomato |  | 100 |
| Burrata and Tomato <br> Salame <br> salami, egg and and emmental | 65 |  |
| Avocado | 35 | 70 |



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## Toasted Sandwiches

Served on either Sourdough or Pain de Mie (Ouma's Brood)
Cheese and Tomato ..... 50
Cheese and Ham ..... 60
Cheese, Ham and Tomato ..... 66
Cheese, Ham and Onion ..... 63
Cheese, Tomato and Onion ..... 53
Cheese, Ham, Tomato and Onion ..... 70
Egg Mayo ..... 55
2 organic eggs and homemade mayo served on ..... 65
ouma's brood (add white cheddar)
Tuna Melt ..... 90
tuna, mayo, gherkin, tomato and cheese
Pizza Toast ..... 70
cheese, tomato, anchovy and oregano
Brie and Fig ..... 70
brie cheese, fig and red onion marmalade


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## Bagels

## Supplied by New York Bagels and Lightly Toasted

Classic Salmon ..... 90smoked salmon trout, cream cheese, capers,thinly sliced red onion
Special Salmon ..... 100
smoked salmon trout, beetroot and horseradish schmeer,fresh dill
BLT ..... 70
bacon, cos lettuce, tomato, homemade mayo White Fish ..... 85
smoked mackarel, mayo, celery, dill, chives, cucumber Breakfast Bagel ..... 95
scrambled eggs, hot pastrami, grilled tomato

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## Deli Sandwiches

## Served on a Ciabattini Roll, Sourdough or Gluten Free (+R20)

Mushroom, Avo, Brie ..... 100sauteed mushrooms, brie cheese, avo, homemade pesto,rocket
Caprese ..... 95
fior di latte mozzarella, tomato, homemade basil pesto, capers, rocket
Tuna Mayo ..... 85
tuna, mayo, tomato, gherkin, rocket
Parma Zarm ..... 150
prosciutto, fior di latte mozzarella, artichokes, tomato, homemade basil pesto, rocket
Merle's Schnitz ..... 95
merle's schnitz, coleslaw, pickles, russian dressing
Roast Beef ..... 90rare roast beef, tomato, pickles, mayo, mustard, rocket


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## Hot Sandwiches

## Served all day

Brisket Bun ..... 130dry rubbed slow-cooked brisket, homemade BBO sauce,cheese, red cabbage slaw on a toasted brioche bun
French Dip ..... 130
rare roast beef, melted swiss cheese on a baguette served with a hot beefy broth for dipping
Cubano ..... 160
pulled pork, ham, swiss cheese, gherkin, mayo, mustard, hot sauce toasted hard on ciabatinni and served with extra hot sauce
Chicken Parm ..... 150
merle's schnitz, fior di latte mozarella, capers, fresh basil and napoletana sauce on ciabatinni
Hot Beef on Rye ..... 150FFMM hot pastrami, sauerkraut, mustard, celery salt on lightlytoasted rye served with a pickle


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## Salads <br> Fresh and Seasonal

Greek ..... 70tomato, cucumber, olives, feta, red onion
Caprese ..... 100
tomato, fior di latte mozzarella, basil
Tuna Mayo ..... 100
tuna, homemade mayo, gherkins, tomato, lettuce and feta
Steak Tagliata ..... 120rare roast beef, artichokes, parmesan, rocket and lemon zest


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## Coffee

With or without Milk or Milk Alternatives
Americano ..... 30
Flat White ..... 33/36
Cappuccino ..... 33/ 36
Latte ..... 36
Cortado ..... 32
Macchiato ..... 30
3/4 Flat White ..... 32
Espresso ..... 28
Double Espresso ..... 28
Milk Alternatives
MillkLab Almond/ Macadamia/ Oatly ..... 11
Oh Oat ..... 7


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## Assorted Teas

With or without Milk or Milk Alternatives
Ceylon ..... 25
Earl Grey ..... 25
Rooibos ..... 25
Lemon Ginger ..... 25
Peppermint ..... 25
Chamomile ..... 25
Green ..... 25
Milk Alternatives
MillkLab Almond/ Macadamia/ Oatly ..... 11
Oh Oat ..... 7

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## More Drinks

Freezo ..... 45
Iced Black ..... 32
Iced Latte ..... 35
Hot Chocolate ..... 30
Milo ..... 30
Hazelnut Latte ..... 40
Theonista Spiced Chai ..... 40
Matcha Latte ..... 50
Matcha ..... 40
Pink Nesquik ..... 25
Iced Chai Latte ..... 45
Dirty Chai Latte ..... 50
Babachino ..... 12
Mocha ..... 45

