## Breakfast MENU

## * 'Eggs your Way' [ Fried, Scrambled, Poached ]

- Served with Red Pepper Pesto and 2 slices 49 of Health Toast ( N )
- Low Carb option (WF) (B) (N) Add:
- 3 Pieces of Bacon

- Smoked Salmon
- Roasted Cherry Tomatoes (V) (WFF) (B)28
- Arabian Mince (wF) (N)
- Sautéed Herb Mushroom (V) (WF) (B) 30
- Roasted Eggplant (V) (WF) (B)


## * Aloush's Hummus House Favourite

Homemade Hummus with Middle Eastern spiced Beef Mince topped with toasted Cashews and Parsley, served with crispy Arabic Bread (N)

- Add a poached Egg with Za'atar10


## 'Syrian Style' Breakfast Bowl

2 Poached Eggs served in a bowl with Yoghurt, spiced Chickpeas, Tomato and Cucumber slaw,105

Coriander pesto, Paprika oil and crusty Ciabatta on the side ( V )

## * Carola Ann's Breakfast

2 Poached Eggs crispy Potato Rösti, Smoked Salmon, whipped Feta \& Tahini Cream, Arabian Pickle and Rocket (WF)

## * Green Veggie Breakfast Bowl

Pan fried Broccoli, Zucchini Ribbons, roasted Eggplant, Spinach and Garlic infused Mushrooms with a hint of Chill finished off with Citrus Herb Labneh, crisp Seed Cracker and a poached Egg sprinkled with Za'atar served with a Potato Rösti (V) (WF)

- Vegan Option ~ Swop the Egg and Labneh for house made Hummus \& Potato Rösti for Health Toast
*. Granola Tart

Double Cream Yogurt, seasonal Fruit, toasted
Coconut Flakes drizzled with Rooibos infused Honey (V) (WF) (N)

* The Arabian

Health toast with Hummus, roasted. Rosa Tomatoes Rocket, Feta and topped with 2 poached Eggs sprinkled with Za'atar (V)

- Swop with wheat free bread


## *. Banana Bread - French Style (N)

Whole Wheat Banana French Toast served on Date \& Tahini "Caramel" with roasted Fruit, Vanilla Labneh, Honey and Almond and Sesame Crumb

## Check our Deli for freshly baked sweets

Ask about Carola Ann's Home entertaining menu and the Frozen meals menu

## Speciality House Made Products:

- Aloush Spices
- Middle Eastern Dukkah
- Za'atar
- Harissa Paste

