

BREAKFAST

Served until 11h00

GARLINGTONS

BISTRO & DELI

CLASSICS

ENGLISH BREAKFAST 145

Two eggs, bacon, balsamic cherry tomatoes, pork sausage, thyme infused sauteed mushrooms and home-baked beans.

WELSH RAREBIT 75

Two slices of sourdough toast topped with sauteed mushrooms and a traditional rarebit cheese sauce (contains beer).

THE VEGETARIAN 80

Sauteed baby marrow ribbons, mushrooms, onion, cherry tomatoes and herbs topped with a poached egg and homemade tomato salsa.

Bagels

BREAKFAST BAGEL 95

Warm bagel with crispy bacon, scrambled egg, feta, and avocado. Drizzled with balsamic glaze.

VEGAN SCRAMBLE 90

Warm bagel with tofu scramble, avocado, balsamic cherry tomatoes, and watercress.

HALLOUMI 100

Warm bagel with fried Halloumi, avocado, caramelised onions, rocket, and poached eggs.

SPANISH 100

Warm bagel with sautéed chorizo, mushrooms, red onion, fried eggs, and tomato salsa.

BENEDICTS

EGGS BENEDICT 90

English muffin with rosemary butter, bacon, poached eggs, and Hollandaise sauce.

EGGS ROYALE 140

Parsley infused English muffin topped with smoke trout, poached eggs, dill, hollandaise, crispy capers, and trout caviar.

CARB CONSCIOUS 95

Sautéed mushrooms, baby spinach, fried halloumi and tomato salsa topped with poached eggs and Hollandaise sauce.

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Health Conscious

MUESLI 90

Homemade muesli with Greek yoghurt, honey, banana slices and berries.

STEPH'S BREAKFAST 85

2 slices toasted gluten free bread topped with sliced avocado, fresh tomato, poached eggs and tomato salsa.

EGG WHITE OMELETTE 80

Filled with sauteed baby spinach, cherry tomatoes, courgette ribbons and sundried pesto.

THE MILLENNIAL

Avocado on sour dough toast topped with a sprinkling of Maldon salt, cracked black pepper and served with a lemon slice.

1 slice 55

2 slices 85

Croissants

-HOMEMADE JAM AND BUTTER 40

-SCRAMBLED EGG AND BACON 70

-BRIE, BACON, AND CRANBERRY SAUCE 75

-SCRAMBLED EGG, BLUE CHEESE, BALSAMIC GLAZE & ROCKET 70

-BACON, FETA AND AVOCADO 70

-HAM AND CHEESE 60

MENU

GARLINGTONS

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STARTERS

SMOKED TROUT ROULADE 85

With dill, black pepper and lemon cream, rye melba, trout caviar, rocket and parmesan salad.

CHICKEN LIVERS 75

In a homemade slow roasted tomato and chilli sauce, with toasted brioche, parmesan shavings and spring onion.

SQUID 75

Lightly crumbed, fried and served with tomato salsa salad, chilli, coriander and lime mayo, lemon pearls, pickled cucumber.

PROSCIUTTO AND MELON 95

Sliced Italian prosciutto with melon balls, rocket, parmesan, balsamic reduction, and cracked black pepper.

PANKO CHICKEN WRAP 90

Panko crumbed chicken strips with red cabbage, rocket, carrot, kewpie mayo and toasted sesame seeds. Served with fries.

PULLED PORK TOASTED WRAP 85

BBQ pulled pork, charred corn and black bean salsa. Served with fries.

SALADS

CHICKEN CAESAR 120

Sliced chicken breast, cos lettuce, crispy prosciutto, parmesan croutons, creamy anchovy dressing and topped with a soft poached egg.

BILTONG SALAD 115

Greens, Cure House biltong, avocado, baby tomato, blue cheese, feta and artichokes, honey and mustard dressing.

GREEK SALAD 85

OXTAIL RAVIOLO 85

Served with sauteed garlic spinach, jus and truffle zest.

CAMEMBERT 99

Deep fried camembert coated in flaked almonds and sesame seeds and served with red wine onions, cranberry sauce and toasted sourdough.

HALLOUMI AND ARTICHOKE 85

Fried halloumi bites with grilled artichokes, truffle mayo, basil pesto, parmesan shavings and confit tomatoes.

Light meals

TOMATO AND ROCKET SOUP 70

With a vintage cheddar brioche toastie.

FISH CAKES 85

Three salmon and hake fish cakes served with seasonal salad, grilled lemon, black pepper and herb cream cheese.

SMOKED TROUT BAGEL 85

Smoked trout, cream cheese, rocket, cucumber ribbons, red onion, dill and trout caviar.

SESAME SALMON TACOS 185

Soft shell tacos with fresh pineapple salsa, sesame crusted salmon, Kewpie mayo, avocado and caviar. Served with soya sauce and wasabi.

SMOKED TROUT SALAD 130

Fresh greens, pickled cucumber ribbons, baby tomatoes, avocado, red onion, smoked trout ribbons, crispy capers, lemon wedge and dill vinaigrette.

HALLOUMI SALAD 110

Fried halloumi chunks, greens, basil pesto dressing, baby tomatoes, avocado, toasted seeds, red onions, cucumber, toasted cashew nuts.

MENU

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TOASTIES

All served with fries and a choice of white or brown bread

CHEESE AND TOMATO	55	MUSHROOM, MOZZ, PESTO, TOMATO	70
CHEESE AND HAM	60	BACON, BRIE & CRANBERRY	70
CHEESE AND CHUTNEY	55	CHICKEN MAYO, BACON &	
BACON AND EGG	70	SPRING ONION	70
		LAMB CURRY	80
LARGE PLATE OF FRIES	40	RYE, SOURDOUGH OR GLUTEN FREE	15

BEEF BURGER 150

Homemade beef patty topped with cheddar, bacon and caramelised onions.

CHICKEN BURGER 130

Grilled Chicken Fillet with brie, rocket, and cranberry.

HALLOUMI CHICKEN BURGER 145

Panko crusted chicken breast, fried halloumi, caramelised onion and 'perinaise' sauce.

Vegan Dishes

GREEN PASTA 160

Linguine tossed with broccoli, garlic baby marrow ribbons, spinach, pesto, cashews, and nutritional yeast.

RAINBOW WRAP 95

Wrap filled with raw beetroot, red cabbage, carrot, baby spinach, garlic vegan mayo, hummus, black bean and charred corn salsa. Served with fries.

TABBOULEH 130

Tossed bulgar wheat, baby tomatoes, carrot, smoked paprika, olives, fresh herbs, pesto, lemon zest, avocado, toasted seeds, nutritional yeast, and ginger miso dressing.

GOURMET BURGERS

All served with fries & homemade brioche buns

PORK BELLY BURGER 130

Pork belly with apple sauce, rocket, and pineapple jam.

BOSSIE'S BURGER 160

Grilled chicken fillet topped with bacon-wrapped jalapenos, melted mozzarella and Bossie's sweet chilli.

BIG VLEI BURGER 170

Gruyere, cheddar, caramelised onions, pickles, crispy streaky bacon, mustard mayo, tomato, smoky burger sauce and truffle fries.

CHICKPEA & LENTIL CURRY 140

Served with rice, poppadum, and sambals.

VEGAN FLATBREAD 145

Topped with roast Mediterranean vegetables, hummus, pesto, tofu, tomato crisps, balsamic reduction, and nutritional yeast.

RED PASTA 150

Linguine with homemade slow roasted tomato and chilli sauce, red peppers, sundried tomatoes, olives, fresh herbs, and nutritional yeast.

BLACK BEAN & AVOCADO BURGER 130

Vegan bun with black bean patty, tomato, greens, gherkins, garlic vegan mayo, spring onions and fries.

BISTRO CLASSICS

TROUT Fresh local trout, pan fried and served in a white wine, caper sauce. Served with fries and topped with crispy deep-fried capers.	160
HAKE & CHIPS Battered hake served with mushy peas and fries.	140
SALMON GNOCCHI Pan roasted salmon, homemade gnocchi, capers, baby spinach, dill beurre blanc, crispy onion, and parmesan.	230
SEAFOOD LINGUINE Salmon, clams, and prawns cooked in a homemade garlic, chilli, and tomato sauce. Served with parmesan and chopped fresh herbs.	185
PERI-PERI GRILLED BABY CHICKEN Marinated in peri-peri sauce for 24hrs and served with spiced corn on the cob, fries and grilled lemon.	200
LAMB CURRY Served with basmati rice, sambals, and poppadum.	195
PORK BELLY Slow cooked pork belly, carrot, and ginger puree, seasonal vegetables, potato pave and a honey mustard sauce.	145
500G BBQ PORK RIBS Served with side salad and fries.	170
SLOW BRAISED SHORT RIB Served with hay baked carrots, parsley butter baby potatoes, seasonal vegetables and jus.	160
BEEF FILLET Served with roast cauliflower puree, blue cheese potato croquettes, sauteed mushrooms, broccoli, truffle zest and jus.	190
300G SIRLOIN Served with roasted bone marrow, baby tomatoes, chimichurri sauce and fries. <i>Best served medium rare.</i>	180
750G AGED T-BONE STEAK Served with 3 grilled prawns, roasted cherry tomatoes, café de Paris butter and fries.	250

PIZZA

GARLINGTONS

BISTRO & DELI

FROM 12h00

	M	L
FOCCACIA Garlic, rosemary, and olive oil.	55	65
MARGHERITA Tomato, basil, and mozzarella.	75	85
REGINA Ham and mushroom	100	115
HAWAIIAN Ham and pineapple.	100	115
BACON, FETA AND AVOCADO	115	130
CAPRESE Buffalo mozzarella, sundried tomato pesto, baby tomatoes, fresh basil and balsamic reduction.	115	130
BBQ CHICKEN PIZZA	105	120
VEGAN BUTTERNUT Butternut, Sesame Praline, avocado, chilli, dairy free cheese.	115	130
AUTUMN PIZZA Roast butternut, feta, sundried tomato, caramelised onions, mozzarella and toasted flaked almonds.	115	130
BLUE CHEESE Blue cheese, caramelised onions, rocket, and walnuts.	120	135
WHITE ANCHOVY White anchovy, cherry tomatoes, olives, feta, capers.	120	135
PROSCIUTTO Prosciutto, sundried tomatoes, parmesan, balsamic glaze, and rocket.	120	135
PULLED PORK PIZZA Jalapeno, pineapple, and red onion.	115	130
BBQ RIB PIZZA	105	120

Gluten free bases available at an additional charge of R20

TAKEAWAY AVAILABLE THROUGH PRE-ORDER



PIZZA

GARLINGTONS

BISTRO & DELI

FROM 12h00

GARLINGTONS GOURMET SPECIALITY PIZZAS

	M	L
BRISKET Slow roasted brisket with pickles, baby tomatoes, caramelised onion and rocket.	115	130
TANDOORI CHICKEN Tandoori chicken with red onion, cashews, grilled baby marrow and minted yoghurt.	120	135
CAMEMBERT BIANCO Camembert, rosemary, cranberry, bacon, and feta on a Bianco base.	120	135
THE BOMB Artichokes, olives, basil pesto, mushrooms and feta.	125	140
THE G Bacon, feta, jalapenos, topped with cream cheese, guacamole and crispy onion sprinkles.	130	145
MEXICAN Mexican mince, fresh jalapenos, salsa, guacamole, coriander, cream cheese and topped with Doritos. (This pizza is filling!)	135	150

Gluten free bases available at an additional charge of R20

TAKEAWAY AVAILABLE THROUGH PRE-ORDER

KIDS

GARLINGTONS

BISTRO & DELI

Served until 7pm
For 12yrs and under

THE FAVOURITE Panko crumbed chicken strips and fries.	65
COMFORT FOOD Chicken burger – chicken breast (crumbed or grilled) served with chips. No relishes, or nasty healthy extras. Just chicken in a bun.	65
BUILD A PIZZA <small>(MAX 3 TOPPINGS ON A SMALL BASE)</small>	75
UNDER THE SEA Battered hake bites served with fries OR raw veggie sticks.	70
DINOSAUR BONES Sticky BBQ ribs with fries OR raw veggie sticks.	70
CHEESY SUN Melted cheese on toast served with tomato sauce.	50
BASSIE'S PLAIN BUTTER PASTA	50
PICKY HEALTH PIP Avocado (smashed or sliced) on toast.	70
SMALL FRY Small plate of chips	30
BRIBERY Ice cream and chocolate Sauce.	45



MENU

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Desserts

CANDY APPLE	80
Caramelised stewed apple, vanilla sponge, almond dacquoise, honey and vanilla mousse, almond praline, brandy snap.	
PAVLOVA STACK	65
Meringue discs stacked with Chantilly cream, fresh fruit, lemon curd, and berry coulis.	
PEANUT BUTTER JELLY TIME	75
Peanut butter parfait layered with fresh strawberry jelly, served with peanut butter mousse, strawberry gel, and crispy peanut meringue.	
LEMON VERBENA DRIZZLE CAKE	65
Intense lemon cake topped with lemon curd, Swiss meringue, dehydrated berry mousse, strawberry dust, and lemon curd ice cream.	
VANILLA AND CINNAMON BREAD AND BUTTER PUDDING	55
Made with croissants and served with brandy custard.	
CHOCOLATE BLISS	70
Chocolate spheres filled with chocolate mousse, caramel, and dark chocolate torte. Served with hot chocolate sauce and chocolate crumble.	
WHITE CHOCOLATE RASPBERRY	95
Dense almond sponge with raspberries, caramelised white chocolate, rum gel, toasted flaked almonds, and white chocolate shards. (seasonal)	
VEGAN EATON MESS	65
Vegan meringues, coconut cream, berry coulis, fresh fruit, strawberry sorbet.	
VEGAN BLUEBERRY AND CHERRY SEMIFREDDO	75
Vanilla semifreddo with blueberries and cherries. Served with blueberry compote.	



TEATIME

GARLINGTONS

BISTRO & DELI

BERRY CHEESECAKE Fridge cheesecake served with a berry coulis.	55
CHOCOLATE BROWNIES Decadent brownies, topped with chocolate ganache and served with cream.	65
SCONE Fresh, homemade scone served with butter, jam and cream.	55
CARROT CAKE Our popular 4-layer carrot cake with cream cheese frosting.	55



DRINK GARLINGTONS

BISTRO & DELI

SOFT DRINKS *(Coke, Coke Zero, Sprite, Sprite Zero, Stoney, Crème Soda, Fanta Orange)* 25

TIZERS *(Red Grapetizer and Appletizer)* 30

ICED TEAS *(Peach or Lemon)* 30

SAN PELLEGRINO *(Lemon, pomegranate, or blood orange)* 48

JUICES *(Orange, Mango, Berry, Apple, or Passionfruit)* 25

REGULAR MILKSHAKES

LARGE - Salted caramel, strawberry, banana, chocolate, vanilla, lime, bubble-gum 35

SMALL - Salted caramel, strawberry, banana, chocolate, vanilla, lime, bubble-gum 27

Gourmet Milkshakes

OREO MILKSHAKE 50

HONEY & HORLICKS 55

COFFEE MILKSHAKE - Dbl shot of Las Nubes espresso 55

OREO/ COFFEE MILKSHAKE 65

HORLICKS & BISCOTTI 70

BANANA AND BERRY SMOOTHIE 55

HOT BEVERAGES

(decaf coffee available)

AMERICANO 27

CORTADO 27

CAPPUCCINO 27

RED CAPPUCCINO 32

FLAT WHITE 27

CAFÉ LATTE 33

SPICED CHAI LATTE 38

RED LATTE 38

ESPRESSO 20

DOUBLE ESPRESSO 24

MACCHIATO 25

HOT CHOCOLATE 35

MOCHACCINO 35

CEYLON TEA 22

ROOIBOS 22

GREEN TEA 24

EARL GREY 24

HOT WATER LEMON 15

EXTRA ALMOND MILK 9

Takeaway cups charged at R5 each



DRINK GARLINGTONS

BISTRO & DELI

Beers on tap

	300ML	500ML
STELLA ARTOIS	32	42
CASTLE LITE	30	40
NOTTIES PALE ALE	40	50
NOTTIES LAGER	40	50

Beers

CASTLE LITE	32	WINDHOEK LAGER	38
HANSA	30	WINDHOEK LITE	35
HANSA 500ML CAN	40	WINDHOEK DRAUGHT	45
BLACK LABEL	30	STELLA ARTOIS	34
HEINEKEN	45	CORONA	48
HEINEKEN ZERO	40		

Ciders & Coolers

SAVANNAH DRY	48	HUNTERS GOLD	40
SAVANNAH LITE	48	BERNINI	38
SAVANNAH NON ALC	48	BRUTAL FRUIT	38
HUNTERS DRY	40		

Wine list and Cocktail menu available

