



**SANOOK**

**CAFE**



## **OPENING HOURS**

**Monday - Saturday**

**08:30 AM to 09:00 PM**

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# Breakfast

Served from 08:30 to 12:00

Toast Options: Sourdough / 5-Grain Loaf

**Black Mushroom 39**

**Bagel 34**

## EGGS BENEDICT

poached eggs, hollandaise sauce served on a bagel or your choice of toast.

Bacon	119
Ham	109
Salmon & Crème Fraiche	150

## THE LEGEND

Two eggs, bacon, grilled cherry tomatoes, onions, mushrooms, beef sausage, toast

## BACON JAM ON TOAST

served with poached eggs, hollandaise, cream cheese and rocket

## SANOOK STACK

French toast, basil, grilled cherry tomatoes, crispy bacon, white cheddar, honey

## QUICKIE

Two eggs, bacon and toast. **Includes coffee / juice**

## CHARRED CHERRY FRENCH TOAST

Almond essence, cinnamon, bacon, charred cherries, cream, syrup

## BREAKFAST BURGER

200g beef patty, egg, bacon, caramelised onions, white cheddar, skinny fries

## OMELETTE 30

Includes toast

Onion or Tomato	25
Mushroom or Spinach	35
Cheddar or Feta	30
Bacon / Ham / Salami	30
Avo	35
Salmon	70

**BLACK RICE: KNOWN AS THE "FORBIDDEN RICE" IN ANCIENT CHINA. BLACK RICE GETS ITS SIGNATURE BLACK-PURPLE COLOR FROM A PIGMENT CALLED ANTHOCYANIN, WHICH HAS POTENT ANTIOXIDANT PROPERTIES!**

# Bowls

All bowls are made with coconut milk, homemade granola, seasonal fresh fruit, chia seeds, goji berries & toasted coconut flakes

**Original** Plain yoghurt 90  
**Smooth Operator** Strawberry & banana 105

**CHORIZO BRUNCH BOWL** 135

Poached eggs, avo, salsa, chorizo, chipotle hollandaise, crispy potato strings, coriander, and fresh greens

**SMOKED SALMON BOWL** 155

Poached eggs, smoked salmon, black rice, mushrooms, sautéed spinach, spring onion, crème fraiche, creamy Asian sauce, lemon wedge  
**Add Avo 35**

**TRY OUR HOMEMADE JAMS!**  
**TOMATO CHILI R25**  
**BACON JAM R40**

# Open Sandwiches

Garnished with sweet potato skins

**Roast Pork**, fresh greens, crunchy slaw, sriracha mayo, crispy bacon, jalapeños, pickled red onion 145

**Prego**, seared fillet, aioli, tomato, caramelised onions, homemade peri-peri sauce, rocket 160

**Ham, Cheese & Avo**, aioli, tomato, rocket 130

**Grilled Chicken**, aioli, tomato, rocket  
**Add Avo 35** 115

**Grilled Veg**, mayo, fresh greens, brinjal, grilled zucchini, mushrooms, avo, drizzled in a creamy tahini dressing served with beet hummus on the side 115

**Smashed Falafel**, beet hummus, fresh greens, mayo, tomato, cucumber, grated carrots, avo, creamy tahini dressing 125

# Buddha Bowls

- Chicken Truffle Bowl** Grilled chicken, rocket, cos lettuce, roasted sweet potato, avo, toasted sesame seeds, carrots, truffle mayo **149**
- Sticky Pork Bowl** Sticky glazed roast pork, crispy bacon, cos lettuce, sesame seeds, egg noodles, charred pineapple, jalapeños, diced avo, roasted red onion **159**
- Korean Beef Bowl** Beef sautéed with ginger, soya sauce and garlic, served with rice noodles, julienned cucumber and carrots, steamed broccoli, radish, spring onion, coriander with Korean Cho Ganjang dressing **179**
- Beet Falafel Bowl** Beetroot falafels, fresh greens, cucumber, avo, fresh carrots, beet hummus, pickled red cabbage, pumpkin seeds, creamy tahini dressing **149**
- Hoke Poke Bowl** Seared tuna, sesame seeds, black rice, cucumber, edamame beans, spring onion, pickled ginger, avo, wasabi mayo, soya ginger dipping sauce **179**
- Rainbow Bowl** Roasted bell peppers, black rice, corn, salsa, jalapeños, avo, cos lettuce, black beans, lime wedge, crispy potato strings, zesty lime dressing **149**
- Gochujang Panko Chicken Bowl** Panko chicken, egg noodles, sesame seeds, edamame beans, spring onion, sautéed carrots, avo, red cabbage, cashew nuts, creamy Asian dressing **159**

# Salads

Salad Base: rocket, greens, cucumber, red onion and cherry tomatoes served with homemade vinaigrette

- Going Green** Greens only, grilled zucchini, cucumber, avo, long-stem broccoli, pecorino shavings, roasted sunflower seeds **135**  
**Add Avo 35**
- F.A.B.** Feta, avo, bacon **Add Blue Cheese 28** **139**
- Grilled Moroccan Chicken** Chicken grilled with a Moroccan rub, feta, coriander, aioli **Add Avo 35** **135**
- Asian Invasion** Seared beef fillet, red cabbage, broccoli, radish, coriander, grilled zucchini, sesame seeds, oriental dressing **179**
- House Salad** Feta, roasted sunflower seeds **Add Avo 35** **99**
- The Real Greek** Chunky cucumber, cherry tomatoes, red onion, feta, olives (no lettuce) **89**
- Salmon Salad** Smoked salmon, crème fraiche, crispy capers, spring onion, avo, sunflower seeds, lemon wedge **179**

# Appetisers

- Focaccia** brushed with olive oil & garlic  
Red onion, garlic, fresh rosemary, rocket **89**  
Red onion, mozzarella, fresh rosemary, rocket **109**  
Blue cheese, mozzarella, fig, rocket **119**  
Red onion, anchovy, mushroom, mozzarella, rocket **129**
- Carpaccio To Start** Springbok carpaccio, rocket, crispy capers, pecorino shavings, olive oil, lemon wedge **129**
- Peri-Peri Chicken Livers** Flambéed chicken livers, Old Brown Sherry, napoletana, paprika, basil, chili, garlic, topped with dusted onions, served with toasted sourdough **115**
- Proe Stukkies** Seared steak, crème fraiche, red onion marmalade, served with toasted sourdough **139**
- Seared Tuna** Seared tuna, sesame seeds, cucumber, crispy ginger, spring onion, coriander, soy and ginger sauce, wasabi mayo **119**
- Bone Marrow** Baked in our wood fired oven, fresh rosemary, thyme, beetroot salt, rocket red onion salad, crispy capers, served with toasted sourdough **109**
- Tapas Board** Brie, camembert, blue & white cheddar cheese, gypsy ham, parma ham, salami, tomato chili jam, marinated olives, served with toasted sourdough **Add Hummus 26 / Fig 30** **180**
- Alfresco Board** Beetroot falafels, marinated olives and cherry tomatoes, roasted brinjal, cucumber sticks, beetroot hummus, baba ghanoush, served with toasted sourdough **Add Artichoke 45** **145**

## WANT A LIL' SOMETHING TO SNACK ON?

- Zucchini Sticks & Truffle Mayo **89**  
Onion Rings & Smokey Mayo **69**  
Crumbed Mushrooms & Sweet Chili Mayo **89**  
Stir Fry Veg **79**  
Side Salad **55**  
Skinny Fries **39**  
Sweet Potato Skins **35**  
Potato Wedges **45**

# Gourmet Burgers

All our burger patties are 200g, made by hand with selected cuts of meat. Burger patties are all served medium unless otherwise specified. Placed on lettuce, tomato, pickles & homemade mayo\*. Served with your choice of side. \*Contains Raw Egg

**WAGYU: A JAPANESE CATTLE BREED DERIVED FROM NATIVE ASIA, WHERE 'WA' MEANS JAPANESE AND 'GYU' MEANS COW. THESE CATTLE CONTAIN RICH MARBLING, TENDERNESS AND FLAVOUR WHICH MAKES FOR AN UNRIVALLED EATING EXPERIENCE.**

## YOUR OPTIONS:

### For the Bun:

Sesame Seed / Avo 35 / Black Mushroom 39

### For the Side:

Side Salad / Skinny Fries / Sweet Potato Skins / Potato Wedges

### Standard Burgers:

Beef	119
Chicken	119
Ostrich	125
Lamb	169
Wagyu	169

**The Porra** Chicken breast, rocket, red onion, aioli and a homemade peri-peri sauce 139

**Carnislaw** Wagyu patty, crispy bacon, melted cheddar, coleslaw, pickled gherkins 169

**Mo Bro** Beef patty, smokey mayo, Danish feta, dusted onion, bacon 169

**The American** Panko chicken breast, melted cheddar cheese, caramelized red onion, greens, pickled red onion, dill pickles and a saucy ranch dressing 139

**The Rockstar** Beef patty, mayo, Danish feta, bacon, red onion, avo 169

**The Redneck** Beef patty, smokey mayo, beer battered onion rings **Add Bacon 30** 149

**Pearl Jam** Wagyu patty topped with white cheddar, truffle mayo, bacon jam, towered with onion rings 179

**Sliders** 3 mini burgers served with a side of your choice:

**Vol. I** Deluxe / Peri-Peri / Moroccan 169

**Vol. II** Red Neck / Mexican / Greek 179

**The Hippy** Grilled black mushroom, brinjal, zucchini, danish feta, rocket, homemade tomato sauce on the side 159

**The Sexy Chick** Ostrich patty, aioli, Danish feta, rocket, homemade tomato sauce on the side 139

**Al-Pacino** Beef patty, mayo, biltong, blue cheese, avo, caramelized onion 175

**Mucha-Cha** Chicken breast, mayo, smashed avo, bacon, marinated cherry tomatoes, chili, coriander 159

**The Roadhouse** Beef patty, cheddar, smashed avo, bacon, chili 169

**Hangover** Beef patty, white cheddar sauce, grilled pineapple, avo, bacon 159

**The Moroccan** Lamb patty rubbed with Moroccan spices, aioli, mint, Moroccan sauce 159

**The Ethiopian** Beef patty, white cheddar, bacon, egg, onion rings 169

**The Chorizo** Beef patty, cream cheese, chorizo, caramelized onion, chili, coriander 179

**The Mexican** Grilled chicken breast, sweet chili mayo, salsa, jalapeños **Add Avo 35** 139

**The Deluxe** Beef patty, white cheddar, creamy mushroom sauce 159

**Forbidden Burger** Black bean, chickpea & black rice patty topped with tomato, mixed greens, pickles, red onion, mayo 145

**Baklouti** Lamb patty rubbed with harissa spice, melted cheddar, roasted red onion, crispy bacon and harissa aioli 179

**Big Bad Wolf** Beef patty, roast pork, red onion marmalade, brie, rocket 169

**Beach Burger** Panko chicken breast, sweet chili mayo, pineapple salsa, crispy bacon, dusted dill pickles 159

**Hot Mama** Beef patty, sriracha mayo, melted cheddar, sautéed jalapeños, chorizo, dusted onions 169

# Pizza

Thin & crispy napoletana base & mozzarella

**The Sailor** Olives, anchovies, fresh tomatoes, rocket **169**  
**Try With Capers 23**

**Artichoke & Parma Ham** Artichoke, parma ham, zucchini, fresh oregano, pecorino shavings **169**

 **The Classic** Topped with cherry tomatoes **109**

**Mama Topsy** Jack Daniels® chicken, peppadews, Danish feta, avo **159**

**Chicken Peri-Peri** Peri-Peri chicken, caramelized onions, cherry tomatoes **169**  
**Add Avo 35**

**Prostituto** White base, spinach, feta, bacon **159**  
**Change to Napoletana Base 11**

**Pizza Buzz** Olives, salami **139**

**The Caveman** Gypsy ham, bacon, salami **169**

**Regina** Gypsy ham, mushrooms **149**

**F.A.B** Feta, avo, bacon **159**  
**Add Chicken 39**

**Steven Segal** Spinach, mushroom, red onion, blue cheese, seared fillet, pecorino shavings **189**

**Chorizo Pizza** Chorizo, cream cheese, chili, caramelized onions, coriander **169**

 **Veggie** Zucchini, brinjal, red onion, mushroom, peppadews **149**  
**Add Avo 35**

**Pizza Parma** Parma ham, rocket, pecorino shavings **179**

**The Lover Boy** Fig base, camembert, caramelized red onion, rocket, springbok carpaccio, fig preserve **179**

 **The Doctor** Camembert, brie, blue cheese, pecorino, rocket, red onion marmalade **169**

**Chamberlain Special** Bacon, blue cheese, pecorino, rocket **159**  
**Add Fig 30**

**The Crossing** Ostrich fillet, rocket, garlic butter, cherry tomatoes, feta **179**

**The Upstream** Smoked salmon, crème fraiche, rocket, spring onion, avo, **189**

 **Harvest** Napoletana base, zucchini, mushrooms, marinated cherry tomatoes, olives, fresh basil and mayo **139**

**Pig on the Beach** Sticky pork, red onion, pineapple, jalapeños, coriander **169**

**Sriracha** Chorizo, chicken, roasted red onion and bell peppers, avo, sriracha mayo **189**  
**Add Bacon 30**

 **Eat More Plants** Napoletana and hummus base, roast bell peppers, mushrooms, red onion, roasted brinjal, avo, rocket **139**

**Into the Deep** Prawns, mussels, squid, cherry tomatoes, olives, garlic, coriander **179**

**Beef Truffle** Beef fillet, garlic, rocket, creamy truffle mushrooms, pecorino shavings **179**

 **Baba Ganoush** Napoletana base, spinach, mushrooms, olives, artichoke, baby marrow, avo, roasted red onion, dollops of baba ghanoush **159**

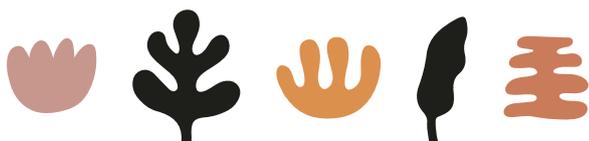
**Fork & Prawn** Prawns, chorizo, cherry tomatoes, tomato chili jam, coriander **179**

**Big in Japan** Seared tuna, sesame seeds, baby spinach, red onion, avo, wasabi mayo and a soya and ginger dipping sauce **199**

**We reserve the right to add 10% gratuity to the bill**

## WHEAT-FREE BASE

Rice Flour & Tapioca **45**



# Mains

EVERYTHING IS  
MADE ON THE SPOT.  
GOOD FOOD TAKES TIME :)

## BBQ Pork Riblets

Smokey BBQ riblets, skinny fries, sweet chili mayo

189 **Small (300g)** | 239 **Large (600g)**

## Wing It

Grilled Jack Daniels® wings, skinny fries, sweet chili mayo

149 **Small (300g)** | 189 **Large (600g)**

**Sanook Board** Grilled wings, BBQ riblets, beef fillet, skinny fries, sweet chili mayo **239**

**Chicken Stack** Grilled chicken breast layered with baby marrow, long stem broccoli, mushrooms, red onion, sesame seeds, soya sauce, topped with sweet potato skins **179**

**Cow Girl** Baked sweet potato, roasted brinjal, grilled zucchini, chickpeas sautéed in a coconut milk curry topped with roasted red onion and bell peppers **149**

**Tokyo** Panko chicken breast served with teriyaki style noodle, sautéed edamame beans, broccoli, red cabbage, spring onion, carrots, lime wedge and a creamy Asian sauce **159**

**Dukkah Crusted Fillet** 250g fillet with a herb & Dukkah crust served with bone marrow and a side of your choice **249**

**Fillet Special** 250g fillet, any side, any sauce **249**

**Fillet New Age** 250g fillet, oregano, garlic butter, marinated cherry tomatoes, rocket, any side **259**

**Biltong Steak** 300g sirloin steak rubbed with traditional biltong spices, cream cheese, dusted onion, any side **219**

**Ostrich Stack** 300g ostrich fillet topped with oregano, garlic butter, marinated cherry tomatoes, rocket, any side **229**

**Steak Hunter** 300g sirloin steak, dusted onion, any sauce, any side **229**

**Ostrich Medallions** 300g ostrich medallions, pepper sauce, beer battered onion rings, any side **239**

## SAUCES

ALL OUR SAUCES ARE HOMEMADE!

Napoletana Sauce	28
Roasted Garlic Aioli, Smokey Mayo, Sweet Chili Mayo	33
Peri-peri, Mushroom, Green Peppercorn, White Cheddar	42
Truffle Mayo, Blue Cheese	47

# Pasta

Served with linguine, zucchini or sweet potato gnocchi

**The B.E.E** Seared beef fillet, mushrooms, fresh oregano, chili, garlic, Dijon mustard, cream **189**  
**Change to chicken 179**

**Arrabiata** Whole peeled tomatoes, chili, garlic, rocket **129**  
**Try With Bacon 30**

**Fish Wife** Prawns, mussels, squid, garlic, parsley, flamed with white wine, stewed in napoletana and a dash of cream **159**

**Very Peri** Chicken livers, peppers, chili, Old Brown Sherry, napoletana, splash of cream **159**

**Pollo Peppadew** Chicken, pepperdews, cream, thyme, garlic, napoletana **159**

**Prawn & Chorizo** Prawn, chorizo, chili, garlic, white wine, cream **179**

**Earthling** Mushrooms, caramelized red onion, long stem broccoli, garlic, mustard, fresh herbs sautéed in a creamy almond sauce **149**

**Uncle Rajah** Chicken, curry spice, chili, coriander, cream, napoletana **159**

# Dessert

**Banana Split** Vanilla, chocolate, strawberry ice cream, cream, chocolate sauce **89**

**Baked Blueberry Cheese Cake** served with cream or ice cream **89**

**Baked Salted Caramel Cheese Cake** sprinkled with nuts and served with cream or ice cream **89**

**Chocolate Brownie** served with ice cream **79**  
\*contains nuts

**Deep-fried Oreos®** with crème fraiche served with cream or ice cream **89**

**Ice Cream, Nuts & Chocolate Sauce** **59**

# Coffee ☕

	SNGL	DBL	LRG
Americano	30	34	38
Espresso	26	28	
Macchiato	34	40	
Café Latte	35	40	
Flat White	40	45	
Cortado		40	
Cappuccino	40	50	55
Café Mocha	45		
Red Espresso <b>Add honey 15</b>	40	48	
Red Cappuccino <b>Add honey 15</b>	40		
Iced Coffee	40		



Americano



Espresso



DBL Espresso



Macchiato



Café Latte



Flat White



Cortado



Cappuccino



Café Mocha

● Hot Water ● Espresso ● Milk Foam ● Steamed Milk ● Hot Choc

# Hot Drinks

White Hot Chocolate	40
Hot Chocolate / Milo / Chai Latte	40
Tea Ceylon / Rooibos / Green Tea	28
Irish Coffee	70
Kahlua coffee	70
Hot water & lemon	12
Tumeric	40
Vegan Chai	40

Soya and Almond Milk available **Add 14**

# Soft Drinks

Sodas	200ml 28	300ml 35
Appletiser / Grapetiser		44
Rockshandy		50
<b>Ginger Square</b> , Ginger Ale, Soda, Ginger		60
Liqueur, Bitters, Cherry		
Redbull		44
Valpre in a Glass Bottle	350ml 28	750ml 44
Sparkling / Still		
Fruit Juice		33
Tomato Cocktail		44
Ice Tea (Lemon, Peach)		35
Emerald Vale craft iced tea	S 40 L 55	Jug 110

# Milkshakes

Vanilla	50
Chocolate	60
Strawberry	60
Milo	60
Peanut butter & syrup	60
Oreo	65
Espresso	65
Nutella <b>Add Amarula 24</b>	65
Crispy bacon & cherry	75
Salted caramel	70
Pedro base (add your own liqueur)	44



# Adult Drinks

ON TAP	S	L	JUG
<b>Emerald Vale</b>			
Pale	45	65	155
Gold	45	65	155
Amber	45	65	155
<b>Craft Gin</b>	55	75	170
<b>Jack Black Lager</b>	50	65	155

## BEER BY BOTTLE

### Richmond Hill Brewing Co

Car Park John	59
Jane Doe (Hard Lemonade)	59

### CBC

Lager	55
Pilsner	55
Amber Weiss (440ml)	65
Krystal Weiss	59

## CRAFT GIN

Bloedlemoen	42
Hendricks	42
Inverroche: Amber, Verdant, Classic	40
Musgrave Pink	38
Six Dogs Blue	40

## TEQUILA

Jose Cuervo Reposado	38
Don Julio Reposado	90
Don Julio Blanco	90
Espolon	45

 SOMETHING NEW!  
PORT & TONIC R60

# Cocktails

<b>Sangria RSA</b> 1,3 litre jug: rooibos ice tea, red wine, brandy, thyme and fruit	165
<b>Porn Star Martini</b> Vodka, passion fruit, vanilla syrup, a shot of champagne, garnished with granadilla	80
<b>Whisky Sour</b> Jack Daniels, lemon juice and sugar syrup	80
<b>Mojito</b> Rum, mint, lime and soda	85
<b>Margarita</b> Tequila, lemon juice and triple sec	70
<b>Cosmo</b> Cranberry, vodka and triple sec	65
<b>Mai Tai</b> Light and dark rum, Amaretto, orange and pineapple juice	80
<b>Strawberry Daiquiri</b> Rum and strawberries	90
<b>Bloody Mary</b> Vodka, tomato cocktail, tabasco	80
<b>Long Island</b> 4x spirits, lemon juice and coke	80
<b>Sex on the Beach</b> Vodka, peach syrup, orange juice and grenadine	70
<b>White Russian</b> Vodka, Kahlua and milk	60
<b>Yuzu Gin</b> Infused with grapefruit, lemon and mandarin	80
<b>Pina Colada</b> Rum, coconut milk and pineapple juice	80
<b>Mimosa</b> Champagne and orange juice	60
<b>Cherry Blossom Martini</b> Vodka, orange juice Grenadine garnish with a cherry	70

## MOCKTAILS

Virgin Daiquiri	65
Virgin Mojito	70
Virgin Sex on the Beach	60
Virgin Dubai	65
Virgin Margarita	60
Virgin Pina Colada	65

# White Wine

## WHITE BLENDS

	G	B
Tranquille	45	169
Haute Cabriere Chardonnay Pinot Noir		219
Buitenverwachting Buiten Blanc	50	189
Spier Creative Block 2.		259
Spier Chardonnay / Pinot Noir	49	169
Springfield Miss Lucy		299
Creation Sauvignon Blanc / Sémillon		349

## CHARDONNAY

Leopard's Leap	45	159
Spier Signature	49	169
Glen Carlou Wooded		319
Fat Bastard	55	209
Springfield Wild Yeast		329
Diemersdal Unwooded		189

## SAUVIGNON BLANC

Leopard's Leap	45	159
La Motte		219
Diemersdal	49	199
Spier Signature	49	169
Vinehugger	49	199
Springfield Life From Stone		299
Klein Constantia		319

## SEMI SWEET

Montino Light	45	149
Leopard's Leap Chescato		159

## CHENIN

	G	B
Ken Forrester Reserve		309
Leopard's Leap	45	159
Kleine Zalze Cellar Selection	49	169
Vinehugger		199

## PINK

Montino Light Rosé	50	149
Delaire Cabernet Franc		319
Warwick The First Lady	60	199
Vinehugger		169
Simonsig Needless Rosé		169

## BUBBLY

Pongracz Brut		329
Pongracz Rosé		339
Bon Courage Blush		199
L'Ormarins Brut		319
L'Ormarins Rosé		339
Krone Night Nectar		369
Simonsig Brut		339
Kleine Zalze MCC Brut		309

THIS WINE GOES GREAT  
WITH MORE WINE!



# Red Wine

## RED BLENDS

	G	B
Spier Signature	50	199
Spier Creative Block 3&5		389
Vinehugger	55	209
Kanonkop Kadette		249
Rupert Rothschild Classique		379
Ken Forrester		329
Springfield Work of Time		389
Bosman Adama		349
The Chocolate Block		479
Villafonte Seriously Old Dirt		449
Springfield Methode Ancienne		SQ
Anthonij Rupert Optima		439
Diemersdal	50	189

## CABERNET SAUVIGNON

Leopard's Leap	50	189
Warwick The First Lady	60	229
Springfield Whole Berry		359
La Motte		299

## MERLOT

Glen Carlou		299
Leopard's Leap	50	199
Landskroon		219
Spier Signature	50	199
De Grendel		329

**Corkage is only 75 bucks!**  
**Premium corkage: R160**

## SHIRAZ

	G	B
Leopard's Leap	50	189
Fat Bastard		259
Spier Signature	50	199
Spier Seaward		239

## PINOTAGE

Beyerskloof	50	199
Spier Signature	50	199
Warwick The First Lady		219
Diemersdal		249
Kleine Zalze Cellar Selection		199

I JUST RESCUED SOME WINE,  
 IT WAS TRAPPED IN A BOTTLE!





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**CAFE**

