## ZEST

## BREAKFAST MENU

Croissant/ Muffin/ Bagel Served with butter & preserves	R28
<b>Toast</b> White, wholewheat, rye or gluten-free	R12
Fresh Fruit Bowl (v)	R85
Homemade Granola Served with thick creamy yoghurt & seasonal fruit	R105
Mixed Berry Smoothie Bowl Served with banana, seeds & nuts	R95
Poppy Seeds, Banana & Oats (v) Served with honey & almond flakes	R75
Smashed Avo (v) Served with boiled egg, feta & your choice of toast	R95
Zest Breakfast  Macon, beef sausages, eggs, roast tomatoes, mushrooms & your choice of toast	R115
Breakfast Sandwich  Egg (any style), macon, mushroom, halloumi & roast tomato on sour dough toast	R105
Smoked Salmon Bagel Served with house ricotta, horseradish crème fraiche & capers	R135
Buttermilk Flapjacks Served with raspberry, ricotta, vanilla & yoghurt cream	R135

## ZEST

## BREAKFAST MENU

Benedict			
English muffin or bagel, poached egg with your o		llowing:	
Smoked salmon			R13
Beef macon			Rio
Wilted baby spinach (v)			R85
Stuffed Croissant Served with scrambled e cream cheese & avocado			R95
<b>Open Omelette</b> Served with either of the	following:		
Salmon, avocado & crear	n cheese		R13
Peppers, baby spinach, f	eta & mushrooi	ms	R95
Closed Omelette Served with cheese & spi	inach		R8c
Plain Omelette			R40
	Ext	tras	
Macon	R35	Tomato	R20

Macon	щ	Tomato	1020
Salmon	R65	Spinach	R25
Beef Sausage	R35	Peppers	R25
Feta Cheese	R20	Mushrooms	R25
White Cheddar	R20		