

## Breakfast

(served with Butter and preserves)

Croissant	R28
White, whole-wheat, rye or gluten-free toast	R12
Freshly cut fruit salad (v)	R78
Bowl of thick creamy yoghurt, seasonal Fruit jam and Berries	R68
Overnight muesli, with toasted pumpkin seeds, fresh fruit (v)	R68
Oat and Quinoa porridge with banana, honey and almonds (v)	R68

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## Hot Breakfast

Zest Breakfast: Macon, beef sausages, eggs, cherry tomatoes, mushrooms & toast	R85
Toasted everything Bagel, ricotta (V), smoked salmon	R88
Crushed avocado, lime, feta on rye toast (V)	R48
Raspberry, ricotta, vanilla and yoghurt cream, buttermilk flapjack or plain	R68

## EXTRAS

Beef sausages	R18
Beef Macon	R28
Extra Egg	R10
Sautéed cherry tomatoes (V)	R28
Wilted spinach (V)	R28
Flat mushrooms (v)	R22
Fried Haloumi (v)	R28

Benedict- English muffin, hollandaise, poached egg with:

-Smoked Salmon,	R98
-Beef Macon	R88
- Wilted baby spinach (v)	R88

