

BREAKFAST

EARLY RISER BREAKFAST	R 80
2 fried eggs, bacon, grilled tomato, breakfast sausage, mushrooms, toast and preserves served with fruit juice	
BREAKFAST CRUNCH	R 70
Toasted muesli, fresh fruit salad, Bulgarian yoghurt and honey served with fruit juice	
CABANA OMELETTE	R 80
Mature cheddar cheese, tomato, continental ham, mushrooms, toast and preserves served with fruit juice	

**OUR EXPRESS BREAKFAST IS SERVED
EVERY MONDAY AND FRIDAY**

7.30am - 11am ONLY

The express breakfast includes 2 fried eggs, breakfast sausage,
grilled tomato, bacon and toast

ADULT EXPRESS BREAKFAST	R 60
KIDS' EXPRESS BREAKFAST	R 35

BAKERY

ASK ABOUT
OUR FRESHLY
BAKED CAKES
OF THE DAY

KIDS' MENU

FRENCH TOAST WITH CRISPY BACON.....	R 40
MINI CHEESE BURGER AND CHIPS	R 45
CHICKEN STRIPS AND CHIPS	R 45
HOT DOG AND CHIPS	R 45
FISH FINGERS AND CHIPS	R 45
● MINI MARGHERITA PIZZA	R 45
SPAGHETTI AND MEATBALLS	R 45
ICE CREAM AND CHOCOLATE SAUCE	R 30
KIDS' MILKSHAKE	R 22

ALL DAY DINING

SANDWICHES

Served with chips and your choice of toasted or open
(whole wheat, rye, white or french bread)

● MATURE CHEDDAR CHEESE AND TOMATO	R 45
HAM AND CHEESE	R 55
CHICKEN MAYO	R 65
TUNA MELT	R 75
Tuna, tomato, chives, celery and cheddar cheese	
THE CABANA CLUB	R 95
Cheese, chicken, bacon, avocado, tomato, lettuce, egg and mustard	

SALADS

● TRADITIONAL GREEK SALAD	R 75
Lettuce, tomato, cucumber, pickled red onions, feta cheese and olives	
<i>Order as a side salad</i>	R 40
CHICKEN CAESAR SALAD	R 85
Grilled chicken, lettuce, Parmesan shavings and anchovy dressing	

● VEGETARIAN

ALL DAY DINING

STARTERS

SPRINGBOK CARPACCIO	R 95
Served with Parmesan cheese and rocket	
SMOKED TROUT	R 95
Served with creamed horseradish and caperberries	
BUFFALO WINGS	
Choose between our "Nice 'n Spicy" or BBQ sauce	
8 Pieces	R 75
16 Pieces	R 130
PERI-PERI CHICKEN LIVERS	R 50
Served with homemade bread rolls	

MAINS

CABANA WRAP	R 85
Grilled chicken, sundried tomato pesto, avocado, feta cheese, tomato and lettuce served with chips	
BEEF CHILLI RUSH WRAP	R 90
Marinated beef strips, hot chilli relish, onion marmalade and mozzarella cheese served with chips	

STEAK

Grilled and served with chips or veg	
FILLET (250g)	R 185
T-BONE (500g)	R 185
RUMP (250g)	R 155

SAUCES

GARLIC, PEPPER,
CREAMY MUSHROOM
OR CHEESE

R 32

ALL DAY DINING

TRADITIONAL

LAMB SHANK	R 185
Served with mash, veggies and mint sauce	
EISBEIN	R 165
Served with chips or mash, veggies or salad and German mustard	
GRILLED 1/2 CHICKEN	R 125
Served with chips and salad with your choice of marinade: BBQ, peri-peri or lemon and herb	
CHICKEN SCHNITZEL	R 95
Served with chips, salad and cheese sauce	
FISH AND CHIPS	R 95
Grilled or fried, served with chips and a pea purée	
PORTUGUESE PREGO ROLL	R 100
Marinated sirloin (150g) served in a Portuguese roll with spicy onions, garlic, chilli, micro salad and chips	
BUNNY CHOW	R 85
Baby loaf filled with our curry of the day	
RIBS (600g) AND CHIPS	R 185

PASTA

A choice of spaghetti, penne or fusilli with one of the following toppings:

CREAMY MUSHROOM AND PANCETTA SAUCE	R 95
BOLOGNAISE	R 95
BEEF CURRY	R 95
SEAFOOD	R 110

ALL DAY DINING

PIZZAS

- FOCACCIA BREAD R 55
Garlic, olive oil and herbs
- MARGHERITA R 80
Tomato, mozzarella cheese and fresh herbs
- HAWAIIAN R 90
Ham, pineapple and mozzarella cheese
- REGINA R 95
Ham, mushroom and mozzarella cheese
- MEXICANA R 95
Minced beef, fresh tomato, green peppers, onion and chillies
- SICILIAN R 115
Chorizo, salami, cherry tomatoes, fresh basil, mozzarella and Parmesan cheese
- FAB (Seasonal) R 95
Bacon, avocado and feta cheese



● VEGETARIAN

ALL DAY DINING

BURGERS

Served with chips

HOMEMADE SWEET CHILLI CHEESE BURGER	R 85
AVOCADO AND BACON BURGER	R 85
CRUMBED CHICKEN BURGER	R 85
<i>Add an extra patty</i>	R 35

COMBOS

Served with your choice of chips, mash or rice and salad

SURF AND TURF	R 185
Beef fillet (125g) and prawns	
RIBS (400g) AND CHICKEN STRIPS	R 135
RIBS (400g) AND 8 BUFFALO WINGS	R 135



Add chillies
on the side
ON THE
HOUSE!

DESSERTS



ASK ABOUT OUR
DESSERTS OF THE DAY

DRINKS

SOFT DRINKS

SODA 300ml	R 26
APPLETISER, PEARTISER, GRAPETISERS	R 36
ICED TEA	R 30
LIQUIFRUIT JUICE	R 31
STILL WATER 500ml	R 19
STILL WATER 1.5l	R 36
SPARKLING WATER 500ml	R 20
SPARKLING WATER 1.5l	R 38
MIXERS 200ml	R 24
RED BULL	R 40
TOMATO JUICE	R 35

FRUIT SHAKES & LATTES

LEMONADE FREEZO	R 45
VERY BERRY SMOOTHIE	R 55
STRAWBERRY FRUIT LATTE	R 55
MANGO FRUIT LATTE	R 55

HOT BEVERAGES

FIVE ROSES	R 20
ROOIBOS	R 20
EARL GREY	R 20
GREEN TEA	R 20
CHAI TEA LATTE	R 30
REGULAR BREW COFFEE	R 20
FLAT WHITE	R 20
COLD BREW COFFEE	R 28
AMERICANO	R 30
SINGLE ESPRESSO	R 22
DOUBLE ESPRESSO	R 30
CAFÉ LATTE	R 30
VANILLA/CARAMEL LATTE	R 35
CAPPUCCINO	R 25
MEGA CAPPUCCINO	R 35
CAFÉ MOCHA	R 35
HOT CHOCOLATE	R 30

DRINKS

MOCKTAILS

VIRGIN DAIQUIRI	R 50
Strawberry base, fresh strawberries and crushed ice	
VIRGIN MOJITO	R 50
Mojito base, lemon and mint	
VIRGIN PIÑA COLADA	R 50
Piña colada base, fresh pineapples and crushed ice	

COCKTAILS

SEX ON THE BEACH	R 85
Mango juice, Archers Peach Schnapps, vodka and grenadine syrup	
STRAWBERRY DAIQUIRI	R 95
Barcadi rum, triple sec and strawberry syrup	
PIÑA COLADA	R 85
Mailbu, vodka, piña colada syrup and fresh pineapple	
COSMOPOLITAN	R 85
Cranberry juice, vodka and Spiced Gold Rum	
LONG ISLAND ICED TEA	R 110
Vodka, gin, Barcadi rum, tequila, triple sec, lime cordial and Coca-Cola	
MARGARITA	R 75
Tequila, lemon juice, triple sec and salt	
TEQUILA SUNRISE	R 85
Tequila, orange juice and grenadine syrup	
BLOODY MARY	R 85
Tomato juice, vodka, Worcestershire sauce, Tabasco, salt and pepper	

SPECIALITY DRINKS

AMARULA COFFEE	R 50
FULL ENGLISH BREAKFAST	R 50
DON PEDRO	R 50
Choice of Kahlua or whiskey	

DRINKS

SHOOTERS

JÄGERBOMB	R 50
Jägermeister and Red Bull	
SPRINGBOK	R 45
Amarula and peppermint liqueur	

BEER

AMSTEL	R 26
BLACK LABEL	R 26
HANSA	R 26
CASTLE	R 26
CASTLE LITE	R 26
HEINEKEN	R 32
WINDHOEK LAGER	R 32
WINDHOEK LIGHT	R 32
WINDHOEK DRAUGHT	R 36
BUDWEISER	R 32
MILLERS DRAUGHT	R 36
BECKS NON-ALCOHOLIC BEER	R 36
CORONA	R 40
STELLA	R 40
CRAFT DRAUGHT ON TAP 500ml	R 35

CIDER

HUNTER'S DRY	R 31
HUNTER'S GOLD	R 31
HUNTER'S EXTREME	R 42
REDDS	R 31
FLYING FISH	R 31
SAVANNAH DRY	R 36
SAVANNAH LIGHT	R 36
SMIRNOFF SPIN	R 42
SMIRNOFF STORM	R 42
STRONGBOW	R 36
BRUTAL FRUIT	R 36

DRINKS

CORDIALS

PASSION FRUIT	R ???
COLA TONIC	R ???
LIME	R ???

SHERRY

MONIS PALE DRY SHERRY	R ???
MONIS FULL CREAM SHERRY	R ???
MONIS MEDIUM CREAM SHERRY	R ???
OLD BROWN SHERRY	R ???

LIQUEURS

KAHLUA	R ???
FRANGELICO	R ???
AMARULA	R ???
JÄGERMEISTER	R ???

APÉRITIF

PIMMS NO. 1 GIN-BASED LIQUEUR	R ???
CAMPARI LIQUEUR	R ???
CINZANO VERMOUTH	R ???
MARTINI VERMOUTH	R ???
WINE SPRITZER (250ml carafe)	R ???

WHISKEY

BELLS	R ???
J&B	R ???
SCOTTISH LEADER	R ???
JACK DANIEL'S	R ???
JOHNNIE WALKER BLACK LABEL	R ???
CHIVAS REGAL	R ???
JAMESON	R ???
GLENFIDDICH (12 year old)	R 185



ENQUIRE
ABOUT OUR
PREMIUM
SINGLE
MALTS

DRINKS

RUM

CAPTAIN MORGAN SPICED GOLD	R 22
CAPTAIN MORGAN JAMAICA RUM	R 22
RED HEART	R 22
BACARDI	R 22
MALIBU	R 22

BRANDY

KLIPDRIFT	R 22
RICHELIEU	R 22
KWV (10 year old)	R 27
HENNESSY	R 65



ENQUIRE
ABOUT OUR
SELECTION OF
COGNAC

SPIRITS

CAPE TO RIO CANE	R 22
ABSOLUT VODKA	R 22
COUNT PUSHKIN VODKA	R 22
CRUZ VINTAGE BLACK VODKA	R 35
ARCHERS PEACH SCHNAPPS	R 22
TRIPLE SEC	R 22
GOLD / SILVER TEQUILA	R 33
GORDON'S GIN	R 22
TANQUERAY GIN	R 33
BOMBAY SAPPHIRE GIN	R 33
INVERROCHE CRAFT GIN	R 35
CRAFT GIN ON TAP	R 35



ENQUIRE
ABOUT OUR
SELECTION
OF CRAFT
GIN

WINE LIST

WHITE

SAUVIGNON BLANC

ROBERTSON EXTRA LIGHT	R 155
DURBANVILLE HILLS	R 165
SPIER	R 165
HPF KAALVOET MEISIE	R 260
CEDERBERG	R 270

CHENIN BLANC

FLEUR DU CAP NATURAL LIGHT	R 155
BOSCHENDAL	R 145
PORCUPINE RIDGE	R 155
ERNIE ELS BIG EASY	R 200
FAT BASTARD	R 230

BLANC DE BLANC

BOSCHENDAL	R 145
ZONNEBLOEM	R 165

CHARDONNAY

DURBANVILLE HILLS	R 165
SPIER	R 165
DE WETSHOT LIMESTONE HILL	R 230
BOSCHENDAL	R 230

BLENDED WHITE

GRAÇA	R 110
SPIER CHARDONNAY PINOT NOIR	R 165
HAUTE CABRIÈRE CHARDONNAY PINOT NOIR	R 230

WINE LIST

RED

CABERNET SAUVIGNON

PORCUPINE RIDGE	R 170
WARWICK FIRST LADY	R 220
ALTO	R 350
PLAISIR DE MERLE	R 350

SHIRAZ

SPIER	R 165
BRAMPTON	R 190
TOKARA	R 280
ALTO	R 350

PINOTAGE

ZEVENWACHT	R 165
KLEINE ZALZE	R 190
BEYERSKLOOF	R 190
KANONKOP KADETTE	R 280

MERLOT

DOUGLAS GREEN	R 145
GUARDIAN PEAK	R 190
MORGENSTER MERLOT	R 230
HPF POSTMEESTER	R 260

BLENDED REDS

THE WOLFTRAP	R 155
LA MOTTE MILLENIUM	R 300
RUPERT & ROTHCHILD CLASSIQUE	R 350
ALLESVERLOREN TINTA BAROCCA	R 360

WINE LIST

ROSÉ

ROBERTSON NATURAL SWEET	R 135
ZEVENWACHT ROSÉ	R 165
FAT BASTARD ROSÉ	R 230
MORGENSTER CARUSO	R 250

SPARKLING WINE

J.C. LE ROUX LA CHANSON	R 185
J.C. LE ROUX LE DOMAIN	R 185
J.C. LE ROUX BRUT	R 255
PONGRACZ	R 300
KLEINE ZALZE	R 300
KLEINE ZALZE BRUT ROSÉ	R 300
SIMONSIG KAAPSE VONKEL	R 410

WINE BY THE GLASS

(250ml Carafe)

WHITE	R 35
ROSÉ	R 35
RED	R 45

FORTIFIED WINE BY THE GLASS

ALLESVERLOREN FINE OLD VINTAGE	R 22
MONIS PALE DRY	R 22
MONIS MEDIUM CREAM	R 22
MONIS FULL CREAM	R 22